

## In Pursuit of Knowledge and Excellence



### A MESSAGE FROM OUR PRIMARY SCHOOL PRINCIPAL

Dearest Students, Parents, and Faculty,

I hope this message finds you all in good health and high spirits. As we navigate through another new semester, I want to take a moment to reflect on a topic that is close to my heart – kindness and empathy.

In today's fast-paced and often challenging world, it is easy to become consumed by our own pursuits and forget about the impact we have on those around us.

Kindness, the simple act of showing compassion and concern for others, has the power to create a ripple effect of positivity. In a world where divisiveness and negativity can be overwhelming, kindness is the glue that brings us together, fosters understanding, and builds stronger relationships.

But kindness alone is not enough. It is empathy that allows us to truly understand and connect with others. Empathy is the ability to step into someone else's shoes, to see the world through

their eyes, and to genuinely feel what they feel. Empathy not only strengthens our relationships but also enhances our problem-solving skills and promotes inclusivity.

I encourage each and every one of you to embrace kindness and empathy as guiding principles in your lives. Look out for opportunities to lend a helping hand, to listen without judgment, and to uplift others when they need it most.

Remember, kindness and empathy are not weaknesses but strengths that can change the world.

With warmest regards,

*Calvin Wong*

# MEET OUR NEW TEACHER!

**MR GANESH GABRIEL**

ENGLISH & MATHEMATICS  
HOMEROOM TEACHER - YEAR 5 POSITIVENESS



Greetings!

I'm Mr Ganesh Gabriel, an English and Maths teacher at Heritage International School. I am 37 years old and I live in Petaling Jaya.

While coming from a corporate background, I have discovered my genuine passion lies in shaping young minds. Initially starting as a part-time teacher, it didn't take long for me to realise that teaching was my true calling. Honestly, I can't imagine myself pursuing any other career.

Why teaching, you ask? Because I love helping others to learn and become better in not just the subjects taught by me, but also in their personal development!

I firmly believe that every student needs to recognise their unique qualities and should be provided with opportunities to excel in their various endeavours.

I look forward to getting to know you better.



# MEET OUR NEW TEACHER!

## MS TANG SUE CHING

ENGLISH, GLOBAL PERSPECTIVES & GEOGRAPHY  
HOMEROOM TEACHER - YEAR 8 CARING



Hello! I am Tang Sue Ching.

I teach English, Geography and Global Perspectives to the secondary students. I'm 36 years of age and reside in the bustling township of Subang Jaya.

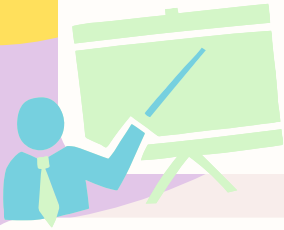
Although from a design background, I much preferred teaching as I found it more rewarding and fulfilling. How did I go from artistic world to the academic world? Well, it was by sheer luck! In 2009, my mum suggested that I give teaching a try. I took her advice, and 13 years later, here I am.

And the rewards? Seeing the smiles on the students' faces, hearing their sincere greetings when I walk into class; knowing they trust you to come for help. I always believe that if the students are willing to learn and they try their best, that is good enough for me. And finally, the best reward would be the bittersweet moment when they venture into the outside world equipped with everything I've taught them.

I hope to continue my rewarding teaching journey here at Heritage. This is just the beginning for me and I'm loving it already.

# School Events

## Cambridge Trainings



### ENGAGED EDUCATORS

Educators from around the world came through the doors of our school to attend two training courses run by Cambridge Assessment International Education.

The two courses, entitled “Effective Talk and Questioning” and “Metacognition: Boosting Students’ Learning”, saw participants sharing their experiences and engaging actively in team activities related to the subject matters.

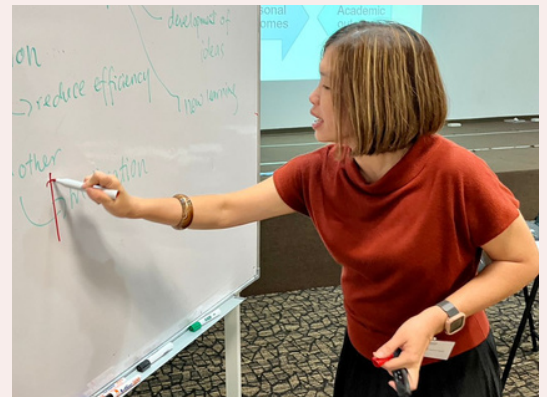
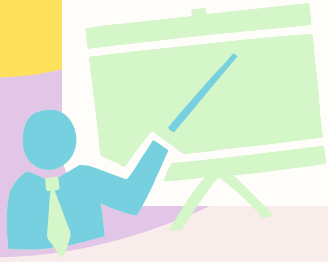
Representing our school were Ms Suyan and Ms Gayathri, both of whom expressed joy at having gained new insights to improve their teaching quality.





# School Events

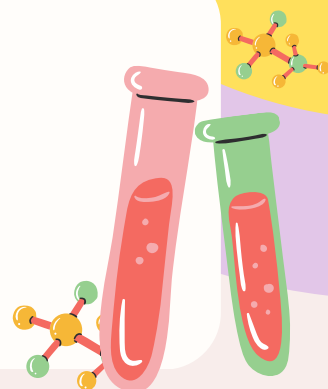
## Cambridge Trainings





# School Events

## STEM Week



From 12th to 16th June, secondary students were immersed in a variety of activities designed to spark their passion for STEM subjects. Math enthusiasts enjoyed Sudoku, KenKen, and the intense Math Warriors competition, while science lovers were enthralled by a science exhibition and a mesmerizing demonstration of the sodium and potassium reaction in water.

The week began with students diving into the realm of numbers and logic through challenging puzzles like Sudoku and KenKen. They honed their problem-solving skills and critical thinking abilities while having fun with mathematical concepts. The highly competitive Math Warriors competition pushed students to showcase their mathematical prowess and quick thinking, fostering healthy competition and a drive for excellence.

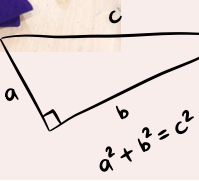
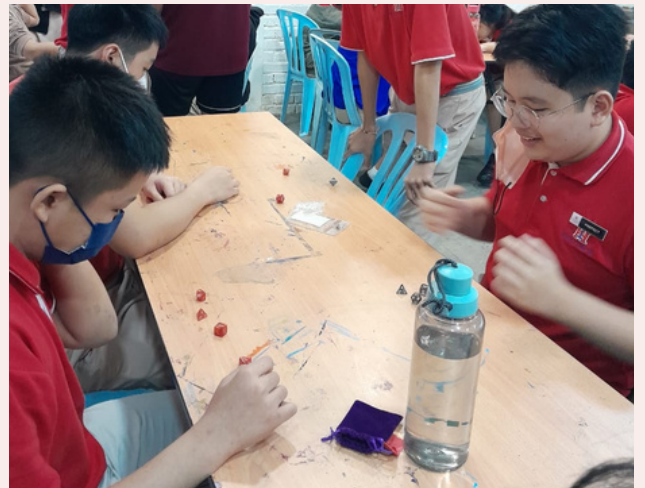
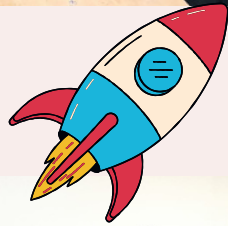
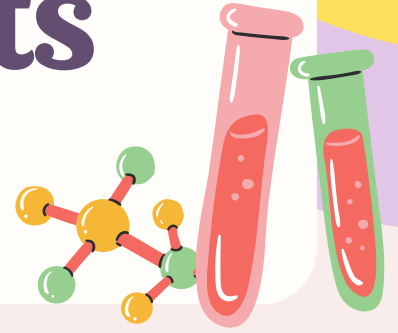
In the science realm, students had the opportunity to carry out innovative science experiments. Additionally, witnessing the intriguing reaction between sodium and potassium in water in the outdoor setting left a lasting impression on students, inspiring a sense of wonder and curiosity about the marvels of chemistry.





# School Events

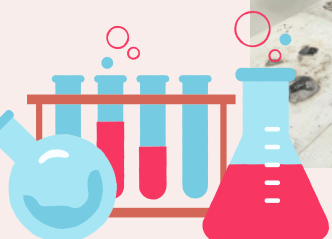
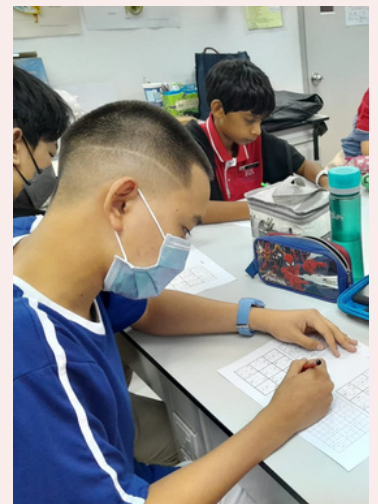
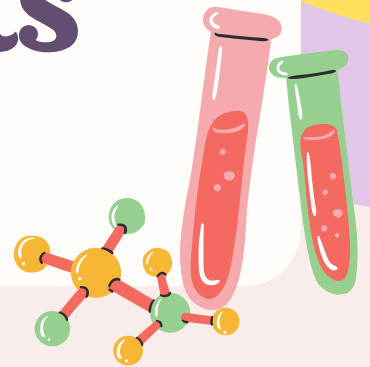
## STEM Week





# School Events

## STEM Week





# School Events

## Community Service



Our Year II students started their semester break on a noble note, serving the community in Jinjang Utara on 2 June 2023!

Accompanied by our Mr James, Adrian, Daniel Coulomb, Daniel Pang, Drew, Richie and Sujesh passed through the gates of Fungates Superflow Foundation's Soup Kitchen at 10:30am and were immediately given hygiene equipment and assigned duties like plating and serving food, housekeeping and crowd control.

The doors opened at 11:00am and the urban poor and homeless streamed in to enjoy a complimentary hot lunch comprising rice with two dishes, a bowl of soup, and cakes and pastries for dessert. Our team got a quick bite before helping to clean up the premises and returning to school at 2:00pm.





# School Events

## Community Service





# School Events

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# School Events

## Community Service





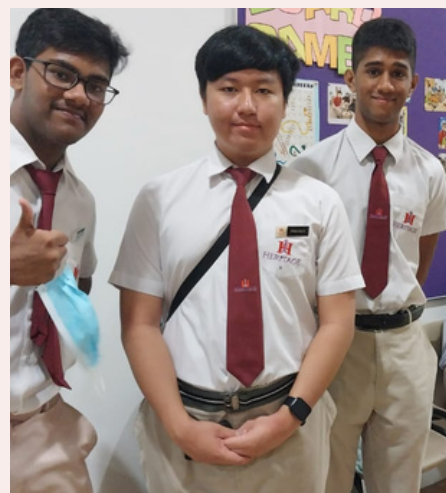
# School Events

## Parent-Teacher Meeting



On 16 June 2023, we held our Parent-Teacher Meeting, where valuable and productive discussions regarding our students' progress and the obstacles they are confronting were addressed. Both teachers and parents actively participated in exploring solutions to overcome these challenges.

We want to acknowledge the efforts of our Prefects who assisted with ushering and timekeeping during the event. Thank you!





# School Events

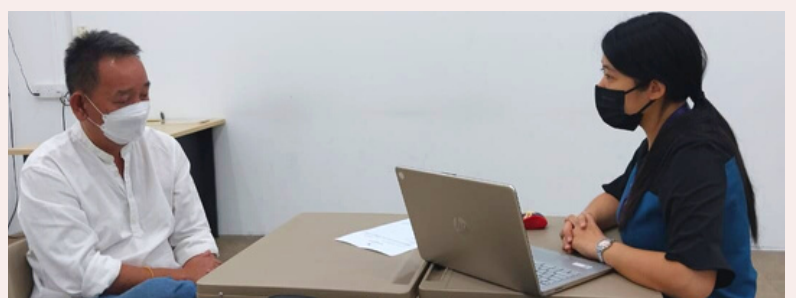
## Parent-Teacher Meeting





# School Events

## Parent-Teacher Meeting





# School Events

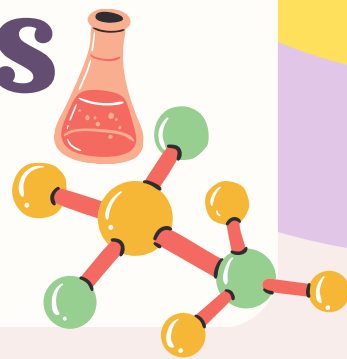
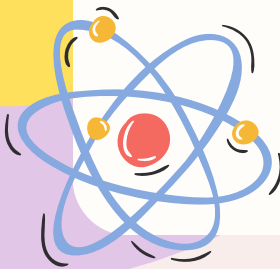
## Parent-Teacher Meeting



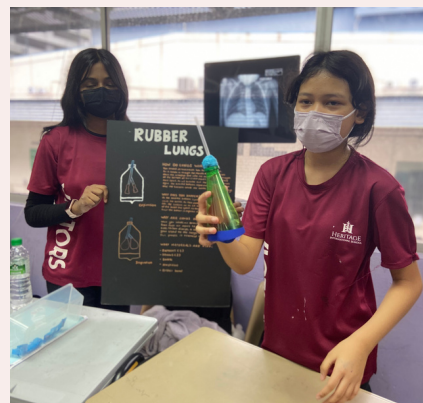


# School Events

## Primary Science Fair



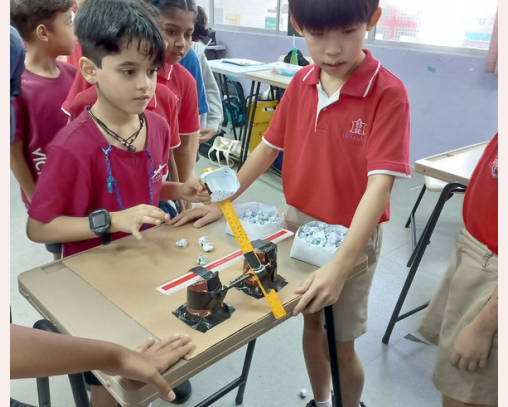
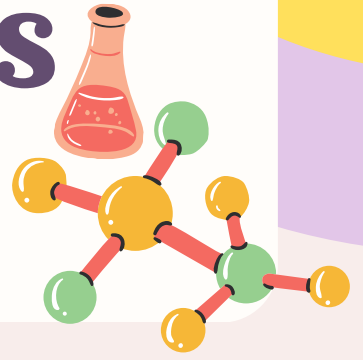
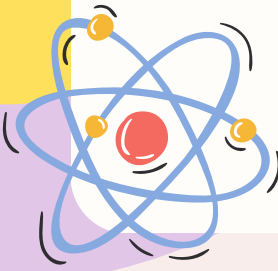
On 28 June 2023, our inquisitive scientists took part in the highly anticipated Science Fair! They put in a lot of effort and did a great job with their science projects during STEM week. They investigated scientific concepts like surface tension, density and non-Newtonian fluids as well as conducted classic experiments that featured chemical reactions. Clear and concise presentations are important for effectively communicating scientific concepts, and it's impressive that most of them were able to answer follow-up questions as well. This shows that they not only understood their projects but also developed a deeper understanding of the subject matter. Encouraging and supporting students' interest in STEM at a young age is crucial for fostering their curiosity and passion for scientific exploration. Congratulations to the students on their hard work and achievements!





# School Events

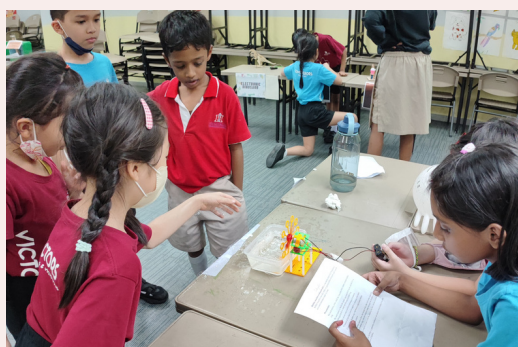
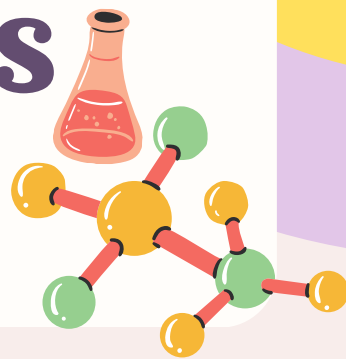
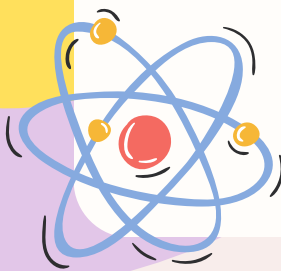
## Primary Science Fair





# School Events

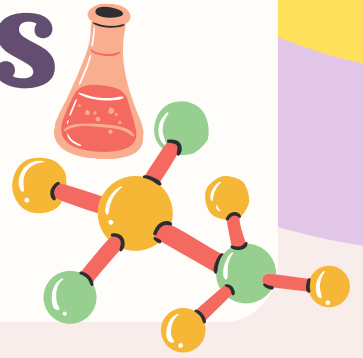
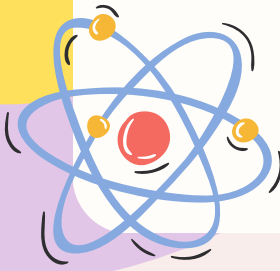
## Primary Science Fair





# School Events

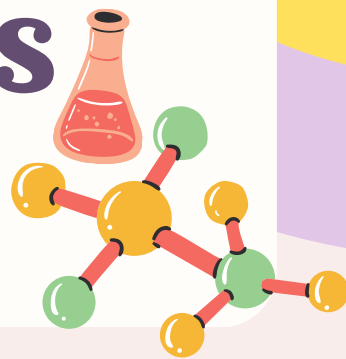
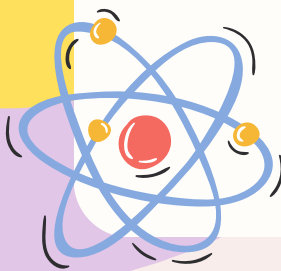
## Primary Science Fair





# School Events

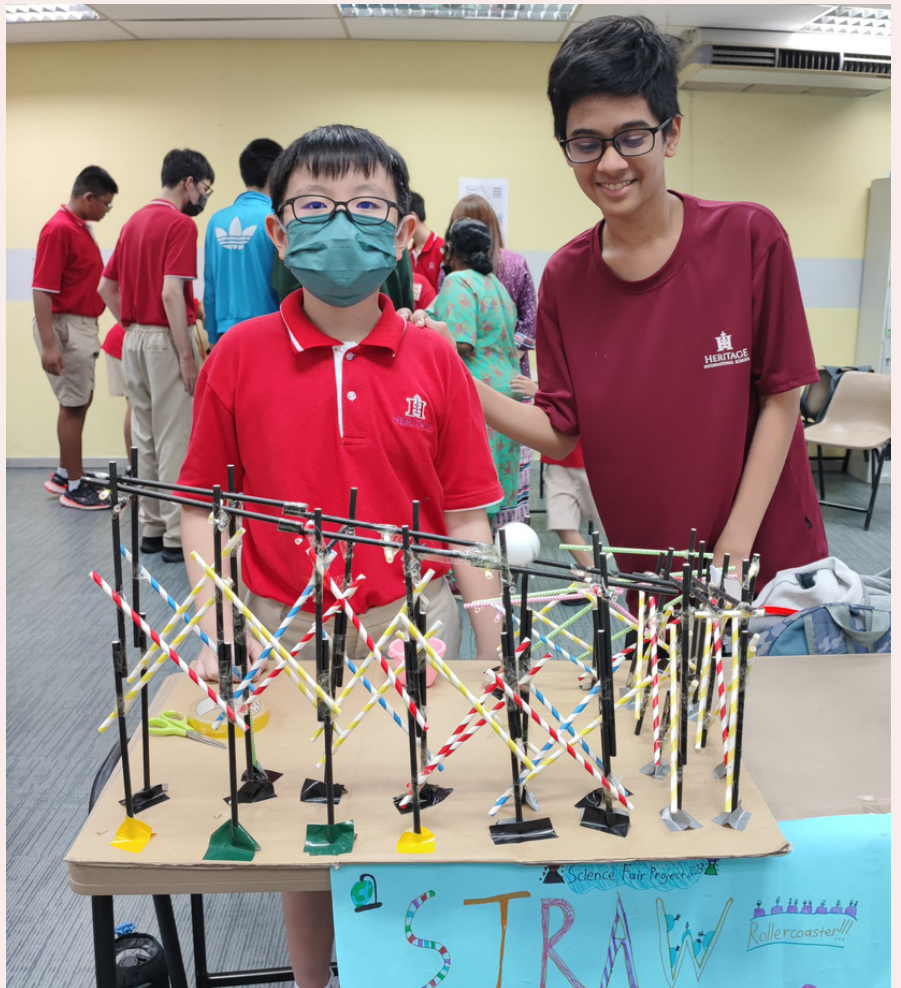
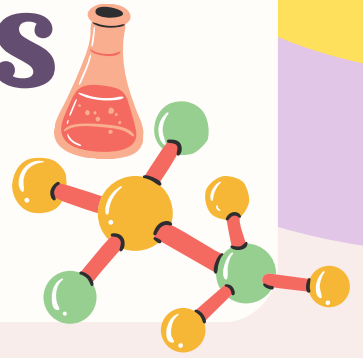
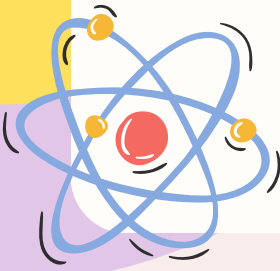
## Primary Science Fair





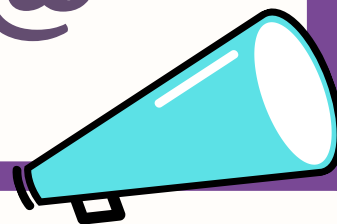
# School Events

## Primary Science Fair





# Happenings @ School



## FLYING OUR SCHOOL FLAG HIGH

Recently, our school was represented by Celine Wong, Year II who participated in the inter-school public speaking competition jointly hosted by Sri KL and Trinity College.

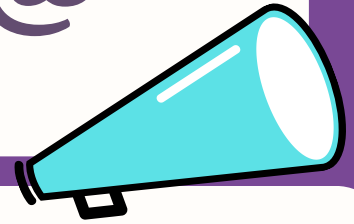
Celine competed against 14 reputable schools from across the Klang Valley. Her speech, entitled "Will AI (artificial intelligence) take over the world?", was informative and persuasive with cogent points aplenty on one of the most pressing concerns of our era.

We thank our Ms Justina for guiding Celine to deliver her speech with remarkable confidence, captivating the audience and leaving a lasting impression on the judges! We are confident that this exposure and experience will positively impact Celine's personal and professional life in the years to come.





# Happenings @ School



## STEM WEEK PRIZE-GIVING

The highlight of STEM Week was the highly anticipated prize-giving ceremony, where the winners of the various competitions were celebrated. The event not only acknowledged the students' accomplishments but also motivated and inspired their fellow peers, igniting a deep interest in mathematics and nurturing a spirit of healthy competition that will endure in future STEM initiatives at the school.

### KenKen Winners

1. Celine
2. Hermen
3. Sattchin

### Math Warrior Winners

1. Max
2. Natalia
3. Yii Quan

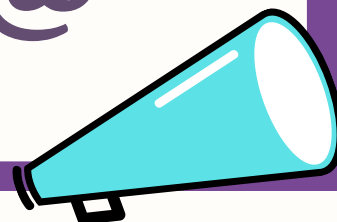
### Sudoku Winners

1. Joel Lim
2. Alisa May
3. Ng Zheng Yao





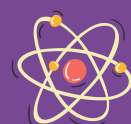
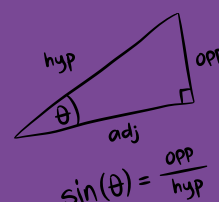
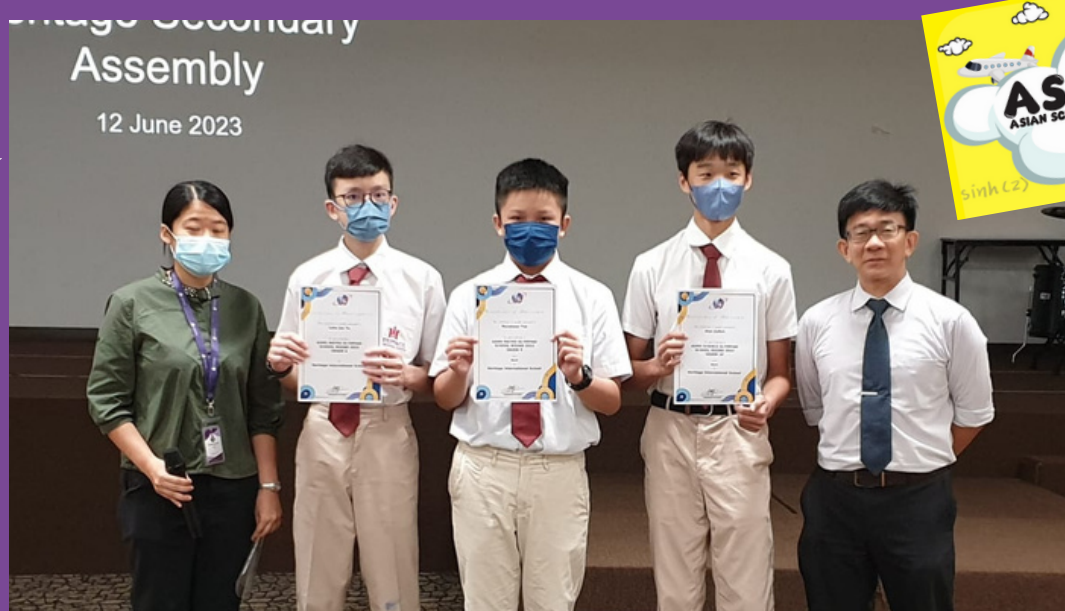
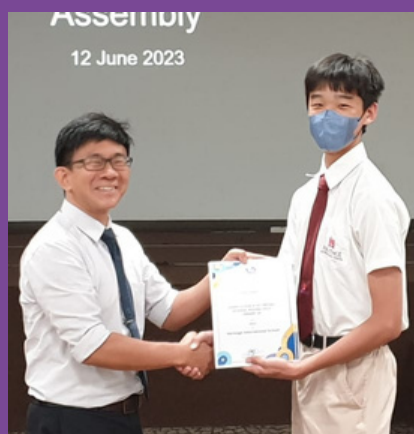
# Happenings @ School



## RECOGNISING OUR SCIENCE & MATH OLYMPIAD PARTICIPANTS

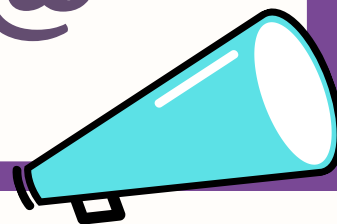
At our assembly on 12 June 2023, Mr Derek presented certificates to our students who participated in the Asian Science and Mathematics Olympiad (ASMO), an annual competition that brings together talented students from across Asia.

Heartiest congratulations, David Loke (Year 8), Murakoso Yuji (Year 9), and Steven Xiao (Year 10) for taking on this challenge! May you continue to build on your interest in science and mathematics and be valued contributors to these fields as you progress through your academic journey.





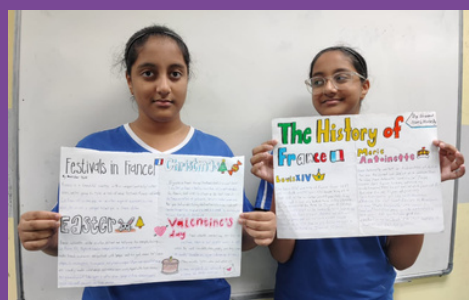
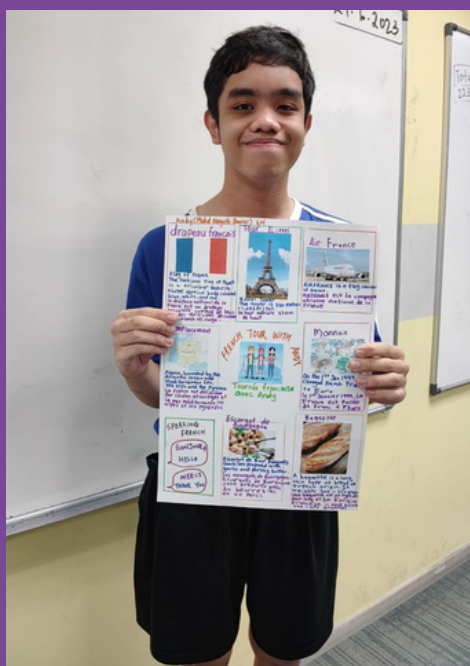
# Happenings @ School



## VIVE LA FRANCE!

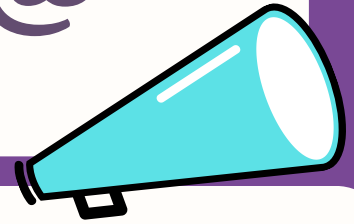
Our Year 6 students took on an exciting project under our French Teacher Mr Laurent. They were tasked to research on anything French-related, e.g. a city, monument, dish or celebrity. They then wrote and presented their research findings in English (for the benefit of their classmates who do not study French) and French (for themselves to improve their command of the language).

In the words of Mr Laurent, "Ils ont fait un excellent travail (they did a magnificent job)!"





# Happenings @ School



## KEEN SPORTSMANSHIP ON DISPLAY

Our school was represented at the Majlis Sukan Sekolah Daerah (MSSD) recently!

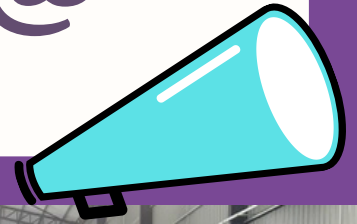
Our Primary students gave it their all in the basketball tournament, whilst our Secondary contingent took part in the singles and doubles categories of badminton.

We are heartened to witness such magnificent displays of sportsmanship on our students' part. We trust that this experience will further solidify their interest in these sports and motivate them to continually improve in their sporting abilities.



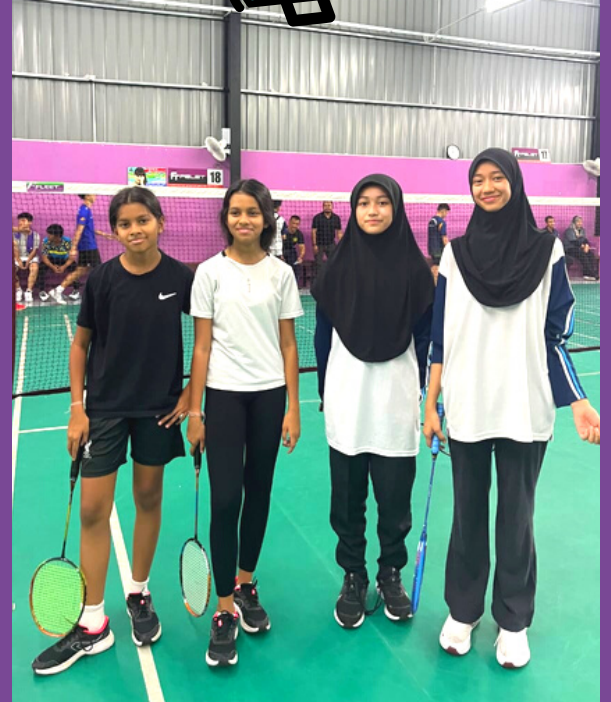
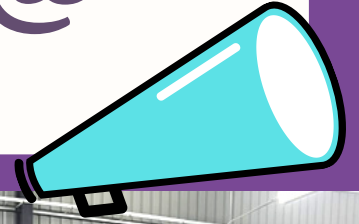


# Happenings @ School



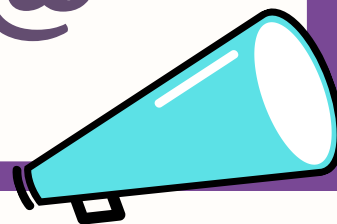


# Happenings @ School





# Happenings @ School



TREVOR, OUR TERRIFIC CRICKETEER!

We are truly delighted to welcome Trevor Soo as a part of Year 6 Honesty.

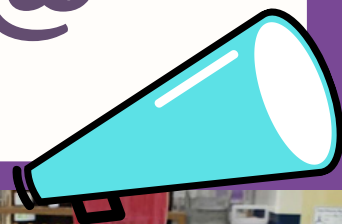
As a member of the Kuala Lumpur cricket team, Trevor's outstanding sportsmanship and dedication to fair play reflect his remarkable character, while his relentless pursuit of excellence demonstrates his keenness in the sport.

We look forward to your sporting achievements in the years to come, Trevor!





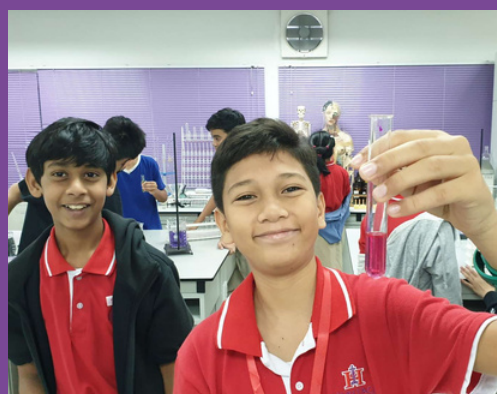
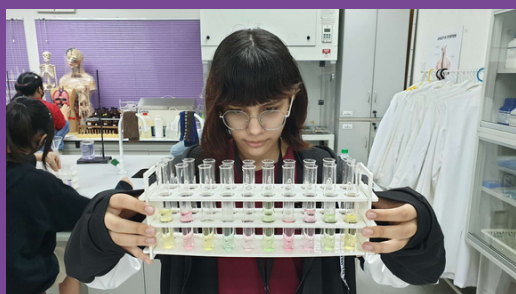
# Happenings @ School



## CAPTIVATING CABBAGE CHEMISTRY

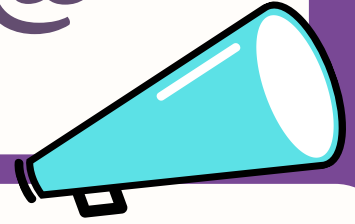
Our Year 7 students learned how purple cabbage can be used as a pH indicator!

Purple cabbage juice changes colour when mixed with an acid or base. If you add acid to the juice, it turns pinkish red. The redder the solution becomes, the more acidic that substance is. On the other hand, alkaline substances turn the cabbage juice green.





# Happenings @ School



## STEEPER SLOPE, SPEEDIER SUBJECT

Our Year 8s conducted an experiment under Mr Nicholas' tutelage to see how the slope of the ramp affects the speed of the trolley.

The steeper the slope, the faster the trolley went down. A real-world application of this concept would be to be watchful of increasing speeds when driving on downward-sloping roads.





# Happenings @ School



## LIFE SKILLS FOR OUR YOUNG ONES

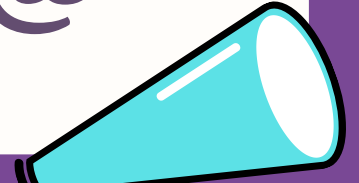
Our Year 1s learned how to prepare a drink and a healthy snack!

Under the tutelage of our Ms Esther, they learned how to mix water with orange cordial to make a refreshing drink. They also added raw honey to cornflakes for a simple yet delightful energy boost.





# Happenings @ School



## A MATTER OF THE HEART

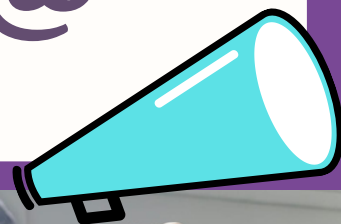
Our Year 10s learned about the intricacies of a heart during Biology class!

Under the watchful eye of Ms Zhi, they dissected a pig's heart - which is anatomically similar to a human heart - and learned about its various sections.





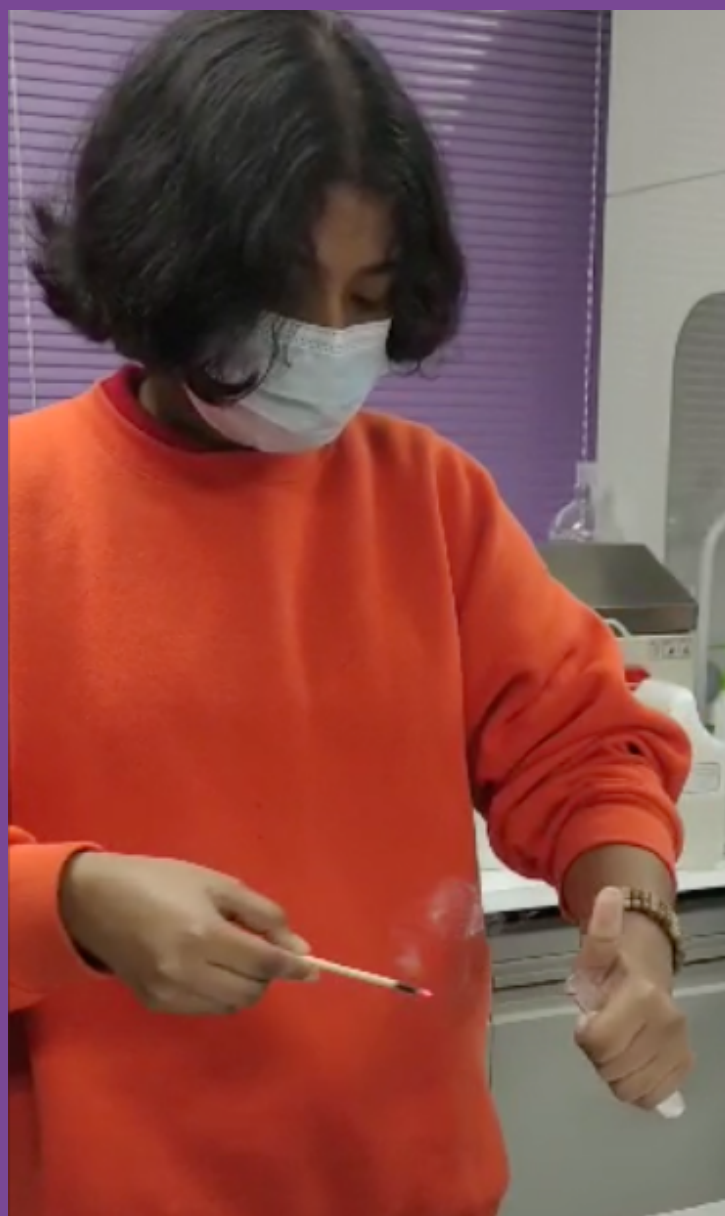
# Happenings @ School



## "POP" GOES THE HYDROGEN

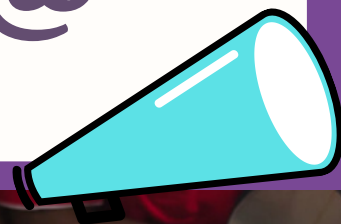
At Science class, our Year 9s conducted an experiment to detect the presence of hydrogen.

The colourless, odourless gas can be detected by bringing a burning candle near the source of hydrogen. The gas will then burn with a squeaky "pop" sound.





# Happenings @ School



## REACTIONS MATTER

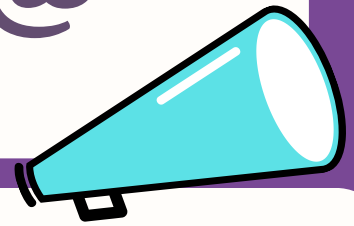
Our Year 9s learned in Science class that metals react differently with water and dilute hydrochloric acid.

Most metals react with dilute acids to form a salt solution and hydrogen gas. Metal oxide and hydrogen gas are created when a metal and water react together.





# Happenings @ School

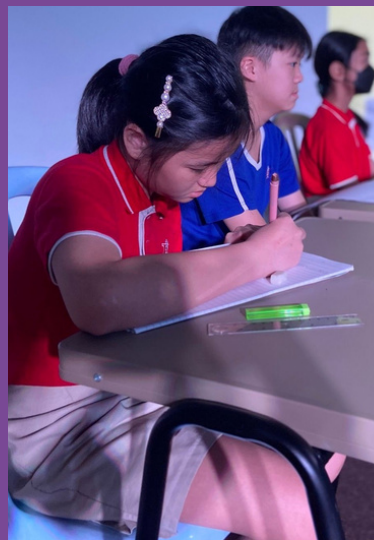
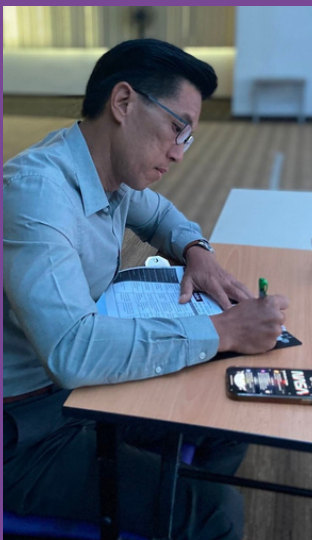


## TECHNOLOGY - THE GREAT DEBATE!

The Language Week Annual Debate competition led by Cikgu Reza was a thrilling experience for our Primary students. It was great to see young students engaging in public speaking and critical thinking.

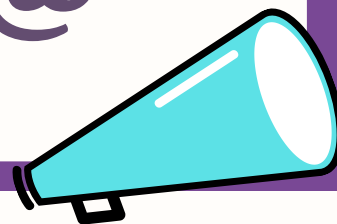
The competition reached its climax with our Year 6 Honesty and Year 6 Grace teams emerging as the finalists. Both teams must have put in a lot of effort and preparation to make it to the final round. The competition was intense, and it sure was a close call, keeping everyone on the edge of their seats.

Clinching the top spot were our Year 6 Honesty students, whilst the recipient of the Best Speaker award was Charlotte Ong from Year 6 Grace!





# Happenings @ School

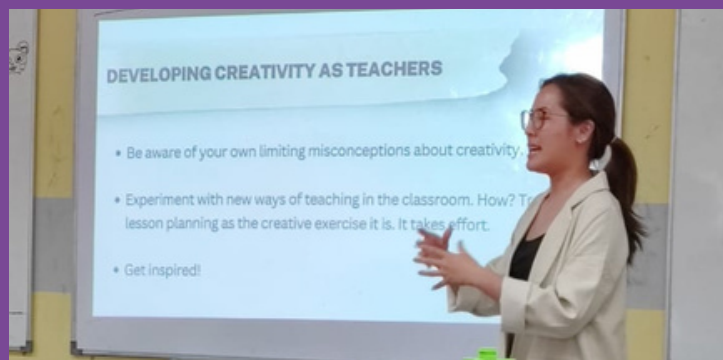
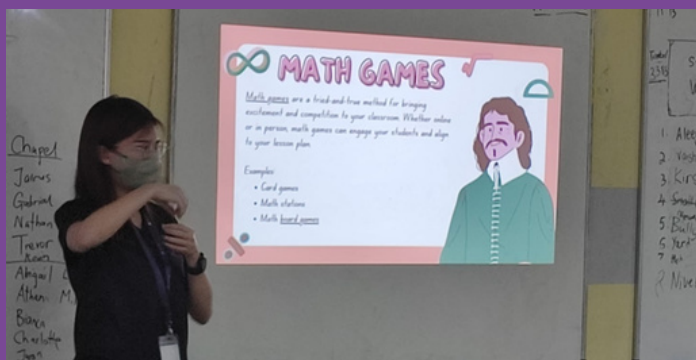


## MAINTAINING OUR TEACHERS' PROFESSIONAL EDGE

Creativity is a highly relevant and important life skill that educators and students should hone daily. Not only does creativity promote self-expression, it broadens our perspectives and enables us to innovate and find solutions to old problems.

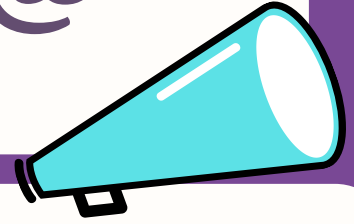
During our Professional Development session, our Ms Joanna shared with us the importance of cultivating creativity as individuals and teachers in the classroom. She hopes that teachers will continue to “think out of the box” and infuse creativity as part of their teaching pedagogy.

At the same session, our Ms Sharmila and Ms Michelle talked about how to provide students with the right mathematics lessons from an early age, which will allow students to develop strong thinking, problem-solving and communication skills as well as genuine enthusiasm for the subject. Creative and fun teaching methods will help to eradicate math fear among children and instill a love for the subject!





# Happenings @ School



## MEASURING HEART RATE

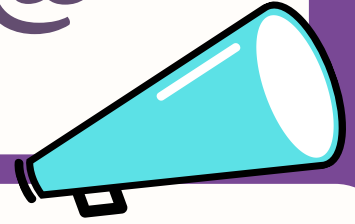
Our Year 10s learned how to measure their heart rate!

Heart rate can be measured by counting the number of beats you feel for 15 seconds, then multiply the number of beats by four. The heart rate can be felt at the wrist, side of the neck, back of the knees, top of the foot, groin, and other places in the body where an artery is close to the skin.





# Happenings @ School



## A-MAZE-ING CODING CHALLENGE!

During ICT class, our Year 6 students accepted a challenge from our Primary Vice-Principal Ms Pearly: they were tasked to create a fun maze game using Scratch, a high-level block-based visual programming language. The name of the game - Mouse and Cheese Maze!

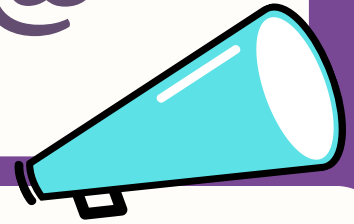
This is a great project for those who are looking for a fun and simple way to improve their understanding of Scratch concepts, like how to create costumes, variables, if-statements, and use operators. By the end of this project, students could use these concepts competently to create a simple game.

Their next project? Create a virtual pet - also with Scratch. Stay tuned!





# Happenings @ School



## SANDY FUN FOR OUR STAR KIDS

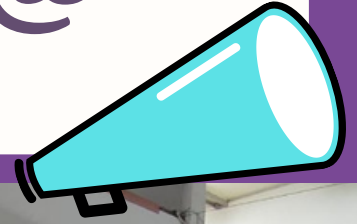
Kinetic sand, a unique type of play material, has gained significant popularity among students of all ages. It is a moldable, sensory material that consists of 98% sand and 2% non-toxic polymer. While kinetic sand is widely enjoyed as a toy, it offers numerous benefits beyond mere entertainment.

Our Star Kids regularly play with kinetic sand to experience benefits such as sensory stimulation, heightened creativity and imagination, improved fine motor skills, as well as relaxation.





# Happenings @ School



## BE WELL WITH B-WELL

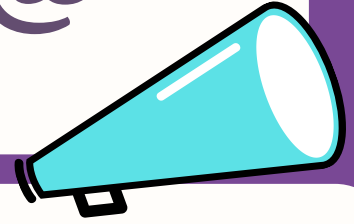
Wellbeing refers to a person's overall health, including their social, mental, physical, and emotional health.

Once a week, our Primary students go for a one-hour B-well period. B-well allows them to have some interaction time with their friends to blow off steam when they are feeling stressed. They can choose to play a sport, read a book, draw, have group discussions, or simply just sit and rest.





# Happenings @ School



AH, THE GREAT OUTDOORS!

It was all hard work and plenty of fun as our Coach Gee led our Year 10 IGCSE Physical Education students on a hike in Janda Baik!

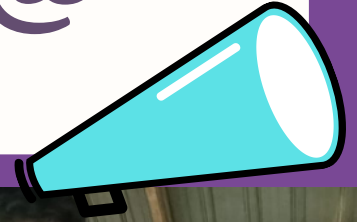
The three-day expedition over the final weekend of June was sufficiently challenging as our contingent trekked through mud and forded streams to climb Gunung Nuang. This mountain borders the States of Selangor and Pahang, and at 1,493m tall is the highest point in Selangor. Our students also learned crucial skills like jungle navigation and survival, orienteering, map-reading, setting up camp, and meal preparation.

Congratulations to everyone for making it back safely! We look forward to seeing more of your athletic achievements in time to come.





# Happenings @ School





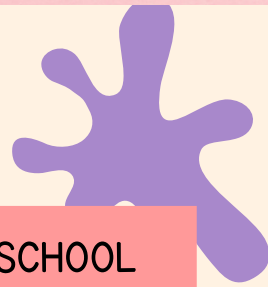
# Happenings @ School







# UPCOMING EVENTS



DATE	EVENT	SCHOOL
3 - 7 July	International Week	Primary & Secondary
7 July	Charity Carnival	Primary & Secondary
20 - 21st July	Field Trip to Semenyih (postponed from Term I)	Secondary

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